

# Upward Mobility Program



The Upward Mobility program provides opportunities for women to become more resilient and career ready while being connected to training, education and networking opportunities for a self-sufficient and upwardly mobile career track. The program includes at least a 6-month commitment in order for participants to complete a personalized pathway through Fresh Start services, which will include a number of valuable personal and professional growth opportunities.

## Program Prerequisites:

- Be 18 years or older
- Register as a Fresh Start client and attend the *"First Steps" workshop* by the application deadline
- Attend an Upward Mobility information session within the past 4 months
- Be legally able to work in the United States
- Complete every section of Upward Mobility application, complete essay questions and upload all required documents by application deadline

## You will need to upload copies of the following documents:

- Identification card, passport, or driver's license
- Current resume (please include employment and volunteer experience for the previous 7 years and your education history on your resume)
- Copy of high school diploma/GED or most recent (or most significant) post-secondary unofficial transcripts

## Essay Responses:

Provide a response to each essay question using the following instructions:

- Provide a 100 to 350 word response to **each question**
- Proper grammar, spelling, punctuation, and written communication skills will be taken into consideration
- Please explain why you are interested in the Upward Mobility program and how completing the program could improve your future.
- Please describe your career goals.
- What barriers do you believe you might face when pursuing your goals in the Upward Mobility program and what concerns you most about making this decision? Please include how you plan to overcome these barriers and concerns.
- Optional:** *Is there anything else you would like to share with the committee that has not already been addressed? Please include any explanations to portions of your application you feel necessary.*

Application Site: <http://fswf.fluidreview.com>

Application Deadline: Thursday, January 3, 2019 at 11:59pm

# Upward Mobility Program



## **Recommendations:**

- Must be completed by references, not applicants
- One reference must be a personal contact (i.e. Business acquaintances, teachers, professors or academic advisors, volunteer leaders, religious workers, friends, coaches, neighbors, etc.)
- One reference must be a professional contact (i.e. supervisor, mentor, professor, etc.), not personal
- Requests must be sent to references from application site no later than 1 week prior to the deadline

**Application Deadline:** Please note that these deadlines are strictly enforced and absolutely no exceptions will be made. It is imperative that you give yourself enough time to complete your application and compile all required documentation.

<b>Application Deadline</b>	<b>Decision/Notification Date</b>
January 3, 2019 at 11:59pm	Week of January 14, 2019 *

*\*You will be notified via email. All decisions are final.*

## **Program Expectations\*:**

- Attend in person interview between the weeks of January 7 through January 14, 2019
- Attend Mentoring Orientation on January 23 at 5:45pm
- Complete 6-month Mentoring Program focused on career development
- Attend Client Celebration at Fresh Start in April 2019
- Complete goal setting action plans as assigned
- Complete Arizona Career Readiness Credential curriculum as assigned
- Attend Career Exploration Panels as assigned
- Actively participate in check in's and provide feedback as assigned
- Complete self-assessment tools as assigned

*\*Failure to meet these requirements may affect enrollment status in program.*