



# FRESH START WOMEN'S FOUNDATION

## Community Resource List

<b>Emergency Phone Numbers</b>	
<b>Mental Health Crisis Line:</b> 602-222-9444 or 1-800-631-1314/Toll Free	<b>La Frontera EMPACT Crisis Line:</b> 480-784-1500 or 800-273-8255
<b>National Suicide Prevention Lifeline:</b> 1-800-273-TALK (8255) or text 741741	<b>Arizona Child Protective Services:</b> (602) 265-0612 <b>Arizona Adult Protective Services:</b> (602) 542-0010
<b>Veterans Crisis Hotline:</b> 1-800-273-8255	<b>Community Information &amp; Referral:</b> 2-1-1 or 1-877-211-8661
<b>TERROS Central Crisis Line</b> 602-222-9444 or 877-756-4090 (Northern Arizona)	<b>Crisis Text Line:</b> Text HOME to 741741 for any type of crisis. <a href="http://www.crisistextline.org">www.crisistextline.org</a>
<b>Domestic Violence Services</b>	
<b>Domestic Violence Shelters/Centralized Screening Hotline:</b> 480-890-3039 or 1-800-799-7739	<b>Domestic Violence Hotline:</b> 1-800-799-7233
<b>Arizona Coalition to End Sexual &amp; Domestic Violence</b> 2700 N Central Ave #1100, Phoenix, AZ 85004 (602) 279-2900	<b>Turn A New Leaf</b> 480-890-3039 or 1-844-SAFEDVS Shelter and crisis assistance
<b>City of Phoenix Family Advocacy Center</b> 2120 N. Central Avenue, Suite 250, Phoenix AZ (602)534-2120	<b>National Sexual Assault Hot Line:</b> 1-800-656-HOPE (4673)
<b>Non-Emergency Housing List</b>	
<a href="http://www.findhelpphx.org">www.findhelpphx.org</a> : website to search for a variety of resources in Maricopa County, including housing resources.	<a href="http://www.socialserve.com">www.socialserve.com</a> : website to search for affordable/subsidized housing options in the area
<b>TRELLIS</b> 1405 E McDowell Rd, Phoenix, AZ 85006; 602-258-1659 Homebuyer & Financial Education Programs	Labor's Community Service Agency 3117 N 16th St #100, Phoenix, AZ 85016; 602-263-5741 Transitional & Affordable Housing Resources
<a href="http://www.hud.gov">www.hud.gov</a> > Resources > Affordable Apartment Search	YMCA Short Term Residences: 602-257-5134 Single Women or Men 18+. \$175 per week, \$485 per month, \$200 deposit, \$55 application fee, \$35 move-in fee
<b>Emergency Food Resources</b>	
<b>Toll Free Hunger Hotline:</b> 1-866-3-HUNGRY (486479)	<b>Foodbank Locator:</b> <a href="http://www.azfoodbanks.org">www.azfoodbanks.org</a>
<b>Andre House of Arizona</b> Arizona, 213 S. 11th Ave., Phoenix, AZ 85007, 602-255-0580 Dinner: 5:30-6:30 pm, Sat.-Thurs, Free Adult Clothing, 10 a.m. M, W, Th., & 1 p.m. on Sat.	<b>Phoenix Rescue Mission</b> 1801 S. 35th Ave., Phoenix, AZ 85009, 602-346-3384 Food Boxes available 2 <sup>nd</sup> and 4 <sup>th</sup> Saturday of the month
<b>Market on the Move</b> (The 3000 Club) <a href="http://www.the3000club.org">www.the3000club.org</a> or <a href="https://www.facebook.com/the3000club">facebook.com/the3000club</a> 623-374-2559 With \$10 donation, receive up to 60 pounds of produce; Various locations; Saturdays 9:00am to 1:00pm Text "market" to 88208	<b>Harvest Compassion Center:</b> Food & Clothing Resources 4744 E. Thunderbird Road Phoenix, AZ 85032, 602-788-2444 4002 N. 67th Ave Phoenix, AZ 85033, 623-247-0039 Mon.-Wed. 9 a.m.-2 p.m., Thurs. 9 a.m. – 7 p.m. *Photo ID and utility bill required
<b>St. Mary's Food Bank</b> Phone: (602) 242-FOOD (3663) <a href="http://www.firstfoodbank.org">www.firstfoodbank.org</a>	<b>Friendly House</b> 113 W Sherman St, Phoenix, AZ 85004 (602) 257-1870 Food Boxes available Monday-Thursday, 8:30 a.m. – 5 p.m., Photo ID Required
<b>Emergency Financial Assistance</b>	
<b>Travis L. Williams Center</b> 4732 S Central Ave Phoenix, AZ; 602-534-4732 Rental and Utility Assistance in Crisis Situations	<b>Sunnyslope Center</b> 914 W. Hatcher, Phoenix, AZ; 602-495-5229
<b>John F. Long Center</b> 3454 N. 51st Ave., Phoenix, AZ; 602-262-6510 Rental & Utility Assistance in Crisis Situations	<b>Friendly House</b> 723 S. 1 <sup>st</sup> Ave, Phoenix, AZ, 85003; 602 345-0167, Staff will only assist those who call on the 1st Thursday of the month between 9 a.m.- 12 p.m.
<b>Labor's Community Service Agency</b> (602)263-5741	<b>Phoenix Indian Center Rent and Mortgage Assistance:</b> 4520 N Central Ave Ste. 250, (602) 264-6768.



# FRESH START WOMEN'S FOUNDATION

## Community Resource List

<b>Emergency Financial Assistance Continued</b>	
<p><b>Community Housing Partnership Phoenix:</b> 602-253-6905.            The Arizona Department of Housing runs an Emergency Homeless Housing (EPEH) as well as their Eviction Prevention Program out of this office. Services offered by the government program include mortgage foreclosure help, rental eviction prevention, rental security and even utility help deposits.</p>	
<b>Additional Emergency Resources</b>	
<p><b>Interfaith Cooperative Ministries</b>            501 S. 9th Ave., Phoenix, AZ 85007; 602-254-7450            Adult &amp; Children's Clothing &amp; Personal Hygiene Supplies,            Mon-Sat., 9-11 a.m. Must bring a photo ID for self &amp; all family members</p>	<p><b>Hope Women's Center</b>            1640 E McDowell Rd, Phoenix, AZ 85006; 602-715-0999            Provides food, clothing, hygiene supplies &amp; emergency financial assistance contact for eligibility requirements.            Mon.-Wed. 9 a.m.-2 p.m., Thurs. 9 a.m. – 7 p.m.</p>
<p><b>Area Agency on Aging Senior Helpline:</b> 602-264-4357            Resources for men &amp; women 60+, 18 w/ HIV, &amp;/or 18+ with a disability</p>	<p><b>Southwest Network Help book:</b> <a href="http://www.southwestnetwork.org">www.southwestnetwork.org</a>;            click on The Help Book Community Resource Directory, top left column of web page.</p>
<b>Child, Teen and Family Resources</b>	
<p><b>ChildHelp National Hotline:</b>            1-800-4-A-CHILD (1-800-422-4453)</p>	<p><b>Teen Lifeline:</b> 1-800-248-TEEN (8336), <a href="http://www.teenlifeline.org">www.teenlifeline.org</a></p>
<p><b>Rape, Abuse &amp; Incest National Network (RAINN):</b> 1-800-656-HOPE (4673)</p>	<p><b>Victims of Sexual Assault or Domestic Violence:</b>            480-736-4949, 866-205-5229 or 1-800-565-HOPE (4673)</p>
<p><b>Phoenix Family Advocacy Center:</b> 602-534-2120            Southwest Family Advocacy Center: 623-333-7900            Glendale Family Advocacy Center: 623-930-3720            Mesa Family Advocacy Center: 480-644-4075            Scottsdale Family Advocacy Center: 480-312-6300</p>	<p><b>Maricopa County Sheriff's Office – Victim Assistance and Notification Office:</b> 602-876-8276</p>
<p><b>Arizona Teen Crisis Solutions</b>, for parents of struggling and troubled teens. 24-Hour Phone Line: 623-879-9600</p>	<p><b>Arizona State University Hotline-For Students &amp; Staff</b>            Needing Telephone Crisis Counseling: 480-921-1006</p>
<b>Emergency Shelter List</b>	
<p><b>Domestic Violence Shelters/Centralized Screening</b>            Hotline: 480-890-3039 or 1-800-799-7739</p>	<p><b>Vista Colina Emergency Family Shelter:</b> 602-256-6945; Families Only</p>
<p><b>Family Housing Hub</b>            3307 E. Van Buren Street #108            Phoenix, AZ 85008; 602-595-8700  <b>211</b> <a href="https://211arizona.org/">https://211arizona.org/</a>            Dial 2-1-1</p>	<p><b>Halle Women's Center:</b> 602-362-5833            Adult Females Only</p>
<p><b>Ozanam Manor</b>            320 W Watkins Rd., Phoenix, AZ 85003; (602) 850-6900            Shelter for Elderly &amp; Disabled Men &amp; Women age 50 +, or Disabled adults 18+</p>	<p><b>I-Help through AZCEND:</b> 480-963-1423 ext. 120            345 S. California St. Chandler, AZ 85225            Emergency Shelter. For screening reach out to <a href="mailto:johnny@azcend.org">johnny@azcend.org</a> or 480-963-1423 ext120</p>
<b>LGBTQIA</b>	
<p><b>One.N.Ten</b>            1101 N Central Ave #202, Phoenix, AZ 85004            We Are Open: 9am-5pm admin Youth Center is 3-7pm            Serves youth 11 to 24            Call: 602-400-2601 Email: <a href="mailto:info@onenten.org">info@onenten.org</a></p>	<p><b>Q-Line</b>            800-527-4747 or 480-736-4925            Provides emotional and crisis support. Resources for gender and sexual minorities.</p>
<p><b>Gay, Lesbian, and Straight Education Network (GLSEN)</b> PO Box 2386 Phoenix, AZ 85002 602-705-9780. Ensures safety in schools and community. Supports change in policy.</p>	<p><b>Trans Lifeline:</b> 877-565-8860 Office line: 510-771-1417  <a href="https://www.translifeline.org/">https://www.translifeline.org/</a> connects you with trans community, support and resources.</p>