






# July 2017 Programs & Services Calendar

| MONDAY                                                                                                                                                                                                                                                                                                                                                                                | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | WEDNESDAY                                                                                                                                                                                                                                                                                                                                    | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | FRIDAY                                                                                                                                              | SATURDAY                                                                                                                                                                                                                                                                                                            |
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| <p>3<br/>Closed in observance of Independence Day</p>                                                                                                                                                                                                                                                | <p>4<br/>Closed in observance of Independence Day</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <p>5<br/><u>Fresh Start Orientation</u><br/>12-1pm (Free)<br/><br/><u>Next Steps</u><br/>1:30-2:15pm (Free)<br/><br/><u>Basic Computer Skills</u><br/>5:45-7:45pm (\$10)<br/><br/><u>Espanol</u><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p>                                                                                 | <p>6<br/><u>Basic Microsoft Word</u><br/>9:30-11:30am (\$10)<br/><br/><u>Healing Journey</u><br/>9:30-11:30am (Free)<br/><br/><u>Financial Consultant: Jian</u><br/>11:30am-1:30pm (Free)<br/><br/><u>Fresh Start Orientation</u><br/>12-1pm (Free)<br/><br/><u>Support Circle</u><br/>2-3pm (Free)<br/><br/><u>Mentoring Info Session</u><br/>2-3pm (Free)<br/><br/><u>Next Steps</u><br/>3-3:45pm (Free)<br/><br/><u>Career Coaching</u><br/>5-7pm (Free)</p>                                                                                                                   | <p>7<br/><u>Align, Redefine, Grow Towards Success</u><br/>9:30-11:30am (\$10)<br/><br/><u>Auricular &amp; Chinese Medicine</u><br/>2-4pm (\$10)</p> | <p>8<br/><u>Intermediate Microsoft Word</u><br/>9:30-11:30am (\$10)<br/><br/><u>Professionalism at Work</u><br/>9:30-10:30am (\$10)<br/><br/><u>Espanol</u><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p>                                                                                                       |
| <p>10<br/><u>Jump Start</u><br/>9:30am-4pm (\$25)<br/><br/><u>Fresh Start Orientation</u><br/>12-1pm (Free)<br/><br/><u>Sexual Assault Support Group</u><br/>2-3pm (Free)<br/><br/><u>Support Circle</u><br/>5:45-6:45pm (Free)<br/><br/><u>Espanol</u><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)<br/><br/><u>Proximos Pasos</u><br/>11:30am-12:15pm (Gratis)</p> | <p>11<br/><u>Mentoring Info Session</u><br/>9:30-10:30am (Free)<br/><br/><u>Fresh Start Orientation</u><br/>12-1pm (Free)<br/><br/><u>Career Coaching</u><br/>12-2pm (Free)<br/><br/><u>Intro to Programs</u><br/>12-1pm (Free)<br/><br/><u>Search &amp; Apply</u><br/>2-3:30pm (Free)<br/><br/><u>Preparing &amp; Presenting Your Case 2-5pm (\$10)</u><br/><br/><u>Parenting with a Purpose Pt. 1</u><br/>5:45-7:30pm (Free)<br/><br/><u>Natural &amp; Organic Hygiene on a Budget</u><br/>5:45-7pm (\$10)<br/><br/><u>Small Business info Session</u><br/>5:45-7:15pm (Free)<br/><br/><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)<br/><br/><u>Continuing Healthy Boundaries</u><br/>(Pre-Req. Required)<br/>5:45-7:30pm (Free)<br/><br/><u>Espanol</u><br/><u>Grupo de Apoyo Violencia Domestica</u><br/>2-3pm (Gratis)<br/><br/><u>Autoestima Saludable</u><br/>5:45-7:30pm (Gratis)</p> | <p>12<br/><u>Basic Google Skills and Navigating the Web</u><br/>9:30-11:30am (\$10)<br/><br/><u>Fresh Start Orientation</u><br/>12-1pm (Free)<br/><br/><u>Next Steps</u><br/>1:30-2:15pm (Free)<br/><br/><u>Intro to Programs</u><br/>5:45-6:45pm (Free)<br/><br/><u>Espanol</u><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p> | <p>13<br/><u>Healing Journey</u><br/>9:30-11:30am (Free)<br/><br/><u>HIV &amp; Hepatitis C Testing</u><br/>9:30am-2pm (Free)<br/><br/><u>Healing Touch</u><br/>9:30am-3pm (\$10)<br/><br/><u>Fresh Start Orientation</u><br/>12-1pm (Free)<br/><br/><u>Basic Computer Skills</u><br/>2-4pm (\$10)<br/><br/><u>Support Circle</u><br/>2-3pm (Free)<br/><br/><u>Next Steps</u><br/>3-3:45pm (Free)<br/><br/><u>Career Coaching</u><br/>5-7pm (Free)<br/><br/><u>Ready, Set Grow Pt. 1</u><br/>5:45-7:30pm (Free)<br/><br/><u>Assertive Communication</u><br/>5:45-7:45pm (\$10)</p> | <p>14<br/><u>Stress Relief</u><br/>2-3:30pm (Free)</p>                                                                                              | <p>15<br/><u>Basic Microsoft PowerPoint</u><br/>9:30-11:30am (\$10)<br/><br/><u>Girls Thriving</u><br/>9:30am-1:30pm (Free)<br/><br/><u>Time Management</u><br/>9:30-11:45am (\$10)<br/><br/><u>Intro to Yoga</u><br/>9:30-10:45am (\$10)<br/><br/><u>Espanol</u><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p> |

>> Fresh Start has a no late arrival policy for workshops; please arrive 15 minutes prior to check-in<<

**Fresh Start Closed Saturday, July 1 – Tuesday, July 4 in observance of Independence Day**



# July 2017 Programs & Services Calendar

| MONDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                   | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                              | FRIDAY                                                                                          | SATURDAY                                                                                                                                                    |
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| <p>17</p> <p><u>Basic Microsoft Excel</u><br/>9:30-11:30am (\$10)</p> <p><u>Social Media in the Job Search</u><br/>9:30-11:30am (\$10)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Sexual Assault Support Group</u><br/>2-3pm (Free)</p> <p><u>Support Circle</u><br/>5:45-6:45pm (Free)</p> <p><b><u>Espanol</u></b><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)</p> <p><u>Proximos Pasos</u><br/>11:30am-12:15pm (Gratis)</p>                                                                    | <p>18</p> <p><u>Fresh Express Bus</u><br/>9:30-10:30am</p> <p><u>Goal Setting</u><br/>9:30-11:30am (\$10)</p> <p><u>Creating a Great Resume</u><br/>9:30-11am (Free)</p> <p><u>Emotional Intelligence</u><br/>9:30-11:30am (\$10)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Intro to Programs</u><br/>12-1pm (Free)</p> <p><u>Career Coaching</u><br/>12-2pm (Free)</p> <p><u>Basic Google Skills and Navigating the Web</u><br/>5:45-7:45pm (\$10)</p> <p><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)</p> <p><u>Developing Boundaries Pt. 1</u><br/>5:45-7:45pm (\$10)</p> <p><u>Continuing Healthy Boundaries (Pre-Req. Required)</u><br/>5:45-7:30pm (Free)</p> <p><u>Divorce: Gaining Control</u><br/>5:45-7:45pm (\$10)</p> <p><b><u>Espanol</u></b><br/><u>Grupo de Apoyo Violencia Domestica</u><br/>2-3pm (Gratis)</p> | <p>19</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Next Steps</u><br/>1:30-2:15pm (Free)</p> <p><u>Continuing Healthy Boundaries (Pre-Requisite Required)</u><br/>2-3:30pm (Free)</p> <p><u>Intermediate Microsoft Excel</u><br/>2-4pm (\$10)</p> <p><u>Child Support Info Session</u><br/>5:45-7:45pm (\$10)</p> <p><b><u>Espanol</u></b><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p> | <p>20</p> <p><u>Healing Journey</u><br/>9:30-11:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Basic Computer Skills</u><br/>2-4pm (\$10)</p> <p><u>Support Circle</u><br/>2-3pm (Free)</p> <p><u>Next Steps</u><br/>3-3:45pm (Free)</p> <p><u>Career Coaching</u><br/>5-7pm (Free)</p> <p><u>Financial Planning 101</u><br/>5:45-7:15pm (\$10)</p> <p><u>DreamBuilder Info Session</u><br/>5:45-6:45pm (Free)</p>     | <p>21</p> <p><u>Intermediate Social Media</u><br/>9:30-11:30am (\$10)</p>                       | <p>22</p> <p><u>Claim Greatness No Matter What</u><br/>11:30am-1:30pm (\$10)</p> <p><b><u>Espanol</u></b><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p> |
| <p>24</p> <p><u>Child Development</u><br/>9:30-11:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Sexual Assault Support Group</u><br/>2-3pm (Free)</p> <p><u>Basic Computer Skills</u><br/>5:45-7:45pm (\$10)</p> <p><u>Support Circle</u><br/>5:45-6:45pm (Free)</p> <p><u>Divorce &amp; Legal Separation Info Session</u><br/>5:45-7:45pm (\$10)</p> <p><b><u>Espanol</u></b><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)</p> <p><u>Proximos Pasos</u><br/>11:30am-12:15pm (Gratis)</p> | <p>25</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Intro to Programs</u><br/>12-1pm (Free)</p> <p><u>Career Coaching</u><br/>12-2pm (Free)</p> <p><u>Search &amp; Apply</u><br/>2-3:30pm (Free)</p> <p><u>Mentoring Info Session</u><br/>2-3pm (Free)</p> <p><u>Basic Google Skills and Navigating the Web</u><br/>2-4pm (\$10)</p> <p><u>Financial Aid 101</u><br/>5:45-6:45pm (Free)</p> <p><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)</p> <p><u>Family Court Q&amp;A</u><br/>5:45-7:45pm (\$10)</p> <p><u>Developing Boundaries Pt. 2</u><br/>5:45-7:45pm (\$10)</p> <p><b><u>Espanol</u></b><br/><u>Grupo de Apoyo Violencia Domestica</u><br/>2-3pm (Gratis)</p>                                                                                                                                                            | <p>26</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Next Steps</u><br/>1:30-2:15pm (Free)</p> <p><u>Basic Microsoft Outlook</u><br/>2-4pm (\$10)</p> <p><b><u>Espanol</u></b><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p>                                                                                                                                                               | <p>27</p> <p><u>Healing Journey</u><br/>9:30-11:30am (Free)</p> <p><u>Financial Consultant: Jian</u><br/>11:30am-1:30pm (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Support Circle</u><br/>2-3pm (Free)</p> <p><u>Next Steps</u><br/>3-3:45pm (Free)</p> <p><u>Career Coaching</u><br/>5-7pm (Free)</p> <p><u>Keeping Life Simple</u><br/>5:45-7pm (\$10)</p> <p><u>Mary Kay Makeup Class</u><br/>5:45-7:45pm (\$10)</p> | <p>28</p> <p><b><u>Espanol</u></b><br/><u>Manejando el Estrés</u><br/>9:30-11:30am (Gratis)</p> | <p>29</p> <p><u>Summer Writing Inspiration</u><br/>11:30am-1:30pm (\$10)</p> <p><b><u>Espanol</u></b><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p>     |
| <p>31</p> <p><u>GOAL Achievement Strategy</u><br/>9:30-11:30am (\$10)</p> <p><u>Healing Touch</u><br/>9:30am-3pm (\$10)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Sexual Assault Support Group</u><br/>2-3pm (Free)</p> <p><u>Support Circle</u><br/>5:45-6:45pm (Free)</p> <p><b><u>Espanol</u></b><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)</p> <p><u>Proximos Pasos</u><br/>11:30am-12:15pm (Gratis)</p>                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                 |                                                                                                                                                             |



# August 2017 Programs & Services Calendar

| MONDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                     | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                     | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | FRIDAY                                                                                                                                                                                               | SATURDAY                                                                                                                                                                                                  |
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|                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <p>1</p> <p><u>Fresh Express Bus</u><br/>9:30-10:30am</p> <p><u>Creating a Great Resume</u><br/>9:30-11am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Intro to Programs</u><br/>12-1pm (Free)</p> <p><u>Career Coaching</u><br/>12-2pm (Free)</p> <p><u>Basic Computer Skills</u><br/>5:45-7:45pm (\$10)</p> <p><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)</p> <p><u>Espanol</u><br/><u>Grupo de Apoyo Violencia Domestica</u><br/>2-3pm (Gratis)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <p>2</p> <p><u>Basic Microsoft Word</u><br/>9:30-11:30am (\$10)</p> <p><u>EJG Scholarship info Session</u><br/>9:30-11am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Next Steps</u><br/>1:30-2:15pm (Free)</p> <p><u>Espanol</u><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p>                                                                                                                     | <p>3</p> <p><u>Healing Journey</u><br/>9:30-11:30am (Free)</p> <p><u>Basic Microsoft PowerPoint</u><br/>9:30-11:30am (\$10)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Support Circle</u><br/>2-3pm (Free)</p> <p><u>Next Steps</u><br/>3-3:45pm (Free)</p> <p><u>Career Coaching</u><br/>5-7pm (Free)</p>                                                                                                                                                                                              | <p>4</p> <p><u>Intermediate Online Sales</u><br/>9:30-11:30am (\$10)</p> <p><u>Align, Redefine, Grow Towards Success</u><br/>9:30-11:30am (\$10)</p> <p><u>Chakra Balancing</u><br/>2-4pm (\$10)</p> | <p>5</p> <p><u>Espanol</u><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p>                                                                                                                              |
| <p>7</p> <p><u>Salon Day</u><br/>11am-3pm (\$10)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Sexual Assault Support Group</u><br/>2-3pm (Free)</p> <p><u>Basic Google Skills and Navigating the Web</u><br/>5:45-7:45pm (\$10)</p> <p><u>Support Circle</u><br/>5:45-6:45pm (Free)</p> <p><u>Espanol</u><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)</p> <p><u>Proximos Pasos</u><br/>11:30am-12:15pm (Gratis)</p> | <p>8</p> <p><u>Preparing &amp; Presenting Your Case</u><br/>9:30am-12:30pm (\$10)</p> <p><u>Mentoring Info Session</u><br/>9:30-10:30am (Free)</p> <p><u>Career Coaching</u><br/>12-2pm (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Intro to Programs</u><br/>12-1pm (Free)</p> <p><u>Search &amp; Apply</u><br/>2-3:30pm (Free)</p> <p><u>Assertive Communication</u><br/>2-4pm (\$10)</p> <p><u>Basic Computer Skills</u><br/>2-4pm (\$10)</p> <p><u>Own It: Financial Education</u><br/>5:45-7:30pm (Free)</p> <p><u>Natural &amp; Organic Hygiene on a Budget</u><br/>5:45-7pm (\$10)</p> <p><u>Transformational Storytelling Pt. 1</u><br/>5:45-7:30pm (\$10)</p> <p><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)</p> <p><u>Continuing Healthy Boundaries (Pre-req. Required)</u><br/>5:45-7:30pm (Free)</p> <p><u>Espanol</u><br/><u>Grupo de Apoyo Violencia Domestica</u><br/>2-3pm (Gratis)</p> <p><u>Padres Con Proposito Pt. 1</u><br/>5:45-7:30pm (Free)</p> | <p>9</p> <p><u>Goodwill Hiring Fest</u><br/>9am-1pm (Free)</p> <p><u>Intermediate Microsoft PowerPoint</u><br/>9:30-11:30am (\$10)</p> <p><u>How to Use LinkedIn</u><br/>9:30-11:30am (\$10)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Next Steps</u><br/>1:30-2:15pm (Free)</p> <p><u>Intro to Programs</u><br/>5:45-6:45pm (Free)</p> <p><u>Espanol</u><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p> | <p>10</p> <p><u>Healing Touch</u><br/>9:30am-3pm (\$10)</p> <p><u>Healing Journey</u><br/>9:30-11:30am (Free)</p> <p><u>Financial Consultant: Jian</u><br/>11:30am-1:30pm (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Support Circle</u><br/>2-3pm (Free)</p> <p><u>Financial Aid 101</u><br/>2-3pm (Free)</p> <p><u>Next Steps</u><br/>3-3:45pm (Free)</p> <p><u>Career Coaching</u><br/>5-7pm (Free)</p> <p><u>Intermediate Online Banking and Internet Security</u><br/>5:45-7:45pm (\$10)</p> | <p>11</p> <p><u>Stress Relief</u><br/>2-3:30pm (Free)</p> <p><u>Espanol</u><br/><u>Estilos de Comunicación</u><br/>9:30-11:30am (Gratis)</p>                                                         | <p>12</p> <p><u>Advanced Microsoft Word</u><br/>9:30-11:30am (\$10)</p> <p><u>Professionalism at Work</u><br/>9:30-10:30am (\$10)</p> <p><u>Espanol</u><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p> |
| <p>14</p> <p><u>Basic Microsoft Excel</u><br/>9:30-11:30am (\$10)</p> <p><u>Jump Start</u><br/>9:30am-4pm (\$25)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Sexual Assault Support Group</u><br/>2-3pm (Free)</p> <p><u>Support Circle</u><br/>5:45-6:45pm (Free)</p> <p><b>Continued</b> ↓</p>                                                                                                                                     | <p>15</p> <p><u>Fresh Express Bus</u><br/>9:30-10:30am</p> <p><u>Raising Emotionally Healthy Children</u><br/>9:30-11:30am (Free)</p> <p><u>Creating a Great Resume</u><br/>9:30-11:00am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Intro to Programs</u><br/>12-1pm (Free)</p> <p><u>Career Coaching</u><br/>12-2pm (Free)</p> <p><b>Continued</b> ↓</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>16</p> <p><u>Building Peaceful Families</u><br/>9:30-11:30am (Free)</p> <p><u>Goal Setting</u><br/>9:30-11:30am (\$10)</p> <p><u>Intermediate Microsoft Word</u><br/>9:30-11:30am (\$10)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Next Steps</u><br/>1:30-2:15pm (Free)</p> <p><b>Continued</b> ↓</p>                                                                                                             | <p>17</p> <p><u>HIV &amp; Hepatitis C Testing</u><br/>9:30am-2pm (Free)</p> <p><u>Healing Journey</u><br/>9:30-11:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Support Circle</u><br/>2-3pm (Free)</p> <p><u>Next Steps</u><br/>3-3:45pm (Free)</p>                                                                                                                                                                                                                                           | <p>18</p> <p><u>Intermediate Social Media</u><br/>9:30-11:30am (\$10)</p>                                                                                                                            | <p>19</p> <p><u>Intro to Yoga</u><br/>9:30-10:45am (\$10)</p> <p><u>Girls Thriving</u><br/>9:30am-1:30 pm (Free)</p> <p><u>Espanol</u><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p>                  |




# August 2017 Programs & Services Calendar

| MONDAY                                                                                                                                                                                                                                                                                                                                                                                                                                      | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                             | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                | FRIDAY | SATURDAY                                                                                                                                                                                                                                                                                                                |
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| <p>14<br/><u>Espanol</u><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)</p> <p>Proximos Pasos<br/>11:30am-12:15pm (Gratis)</p>                                                                                                                                                                                                                                                                                               | <p>15<br/><u>Own It: Financial Education</u><br/>5:45-7:30pm (Free)</p> <p><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)</p> <p><u>Time Management</u><br/>5:45-7:45pm (\$10)</p> <p><u>Transformational Storytelling</u><br/>Pt. 2<br/>5:45-7:30pm (\$10)</p> <p><u>Basic Google Skills and</u><br/><u>Navigating the Web</u><br/>5:45-7:45pm (\$10)</p> <p><u>Mentoring Info Session</u><br/>5:45-6:45pm (Free)</p> <p><u>Continuing Healthy</u><br/><u>Boundaries (Pre-reg. Required)</u><br/>5:45-7:30pm (Free)</p> <p><u>Espanol</u><br/><u>Grupo de Apoyo Violencia</u><br/><u>Domestica</u><br/>2-3pm (Gratis)</p> <p><u>Padres Con Proposito Pt. 2</u><br/>(Prerequisite: Pt. 1)<br/>5:45-7:30pm (Free)</p>                                                                                                                                            | <p>16<br/><u>EJG Scholarship Info Session</u><br/>5:45-7:15pm (Free)</p> <p><u>Espanol</u><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p>                                                                                                                                                                                                                                                                                                | <p>17<br/><u>Career Coaching</u><br/>5-7pm (Free)</p> <p><u>Basic Computer Skills</u><br/>5:45-7:45pm (\$10)</p> <p><u>Financial Planning 101</u><br/>5:45-7:15pm (\$10)</p>                                                                                                                                                                                                                                                                            | 18     | 19                                                                                                                                                                                                                                                                                                                      |
| <p>21<br/><u>Career Exploration</u><br/>9:30-11:30am (\$10)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Sexual Assault Support Group</u><br/>2-3pm (Free)</p> <p><u>Basic Microsoft Outlook</u><br/>5:45-7:45pm (\$10)</p> <p><u>Support Circle</u><br/>5:45-6:45pm (Free)</p> <p><u>Espanol</u><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)</p> <p>Proximos Pasos<br/>11:30am-12:15pm (Gratis)</p> | <p>22<br/><u>DreamBuilder Info Session</u><br/>9:30-10:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Intro to Programs</u><br/>12-1pm (Free)</p> <p><u>Career Coaching</u><br/>12-2pm (Free)</p> <p><u>Search &amp; Apply</u><br/>2-3:30pm (Free)</p> <p><u>Mentoring Info Session</u><br/>2-3 pm (Free)</p> <p><u>Intermediate Online Banking</u><br/><u>and Internet Security</u><br/>2-4pm (\$10)</p> <p><u>Developing Boundaries Pt. 1</u><br/>2-4pm (\$10)</p> <p><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)</p> <p><u>Transformational Storytelling</u><br/>Pt. 3<br/>5:45-7:30pm (\$10)</p> <p><u>Family Court Q&amp;A</u><br/>5:45-7:45pm (\$10)</p> <p><u>Espanol</u><br/><u>Grupo de Apoyo Violencia</u><br/><u>Domestica</u><br/>2-3pm (Gratis)</p> <p><u>Desarrollo de Limites</u><br/>5:45-7:30pm (Gratis)</p> | <p>23<br/><u>Building Peaceful Families</u><br/>9:30-11:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Next Steps</u><br/>1:30-2:15pm (Free)</p> <p><u>Intermediate Microsoft Excel</u><br/>2-4pm (\$10)</p> <p><u>Work Smart Salary Negotiation</u><br/>2-4:30pm (Free)</p> <p><u>Emotional Intelligence</u><br/>5:45-7:45pm (\$10)</p> <p><u>Espanol</u><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p> | <p>24<br/><u>Healing Journey</u><br/>9:30-11:30am (Free)</p> <p><u>Financial Consultant: Jian</u><br/>11:30am-1:30pm (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Basic Microsoft Outlook</u><br/>2-4pm (\$10)</p> <p><u>Support Circle</u><br/>2-3pm (Free)</p> <p><u>Next Steps</u><br/>3-3:45pm (Free)</p> <p><u>Career Coaching</u><br/>5-7pm (Free)</p> <p><u>GOAL Achievement Strategy</u><br/>5:45-7:45pm (\$10)</p> | 25     | <p>26<br/><u>Basic Google Skills and</u><br/><u>Navigating the Web</u><br/>9:30-11:30am (\$10)</p> <p><u>Claim Greatness No Matter</u><br/><u>What</u><br/>11:30am-1:30pm (\$10)</p> <p><u>Personal Narrative 101</u><br/>11:30am-1:30pm (\$10)</p> <p><u>Espanol</u><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p> |
| <p>28<br/><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Sexual Assault Support Group</u><br/>2-3pm (Free)</p> <p><u>Support Circle</u><br/>5:45-6:45pm (Free)</p> <p><u>Divorce &amp; Legal Separation Info</u><br/><u>Session</u><br/>5:45-7:45pm (\$10)</p> <p><u>Espanol</u><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)</p> <p>Proximos Pasos<br/>11:30am-12:15pm (Gratis)</p>                           | <p>29<br/><u>Fresh Express Bus</u><br/>9:30-10:30am</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Intro to Programs</u><br/>12-1pm (Free)</p> <p><u>Career Coaching</u><br/>12-2pm (Free)</p> <p><u>Developing Boundaries Pt. 2</u><br/>2-4pm (\$10)</p> <p><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)</p> <p><u>Espanol</u><br/><u>Grupo de Apoyo Violencia</u><br/><u>Domestica</u><br/>2-3pm (Gratis)</p>                                                                                                                                                                                                                                                                                                                                                                                                                            | <p>30<br/><u>Building Peaceful Families</u><br/>9:30-11:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Next Steps</u><br/>1:30-2:15pm (Free)</p> <p><u>Business Accounting</u><br/>2-3:30pm (\$10)</p> <p><u>Communicating Effectively w/</u><br/><u>Infants &amp; Toddlers</u><br/>5:45-7:45pm (Free)</p> <p><u>Espanol</u><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p>                               | <p>31<br/><u>Healing Journey</u><br/>9:30-11:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Support Circle</u><br/>2-3pm (Free)</p> <p><u>Next Steps</u><br/>3-3:45pm (Free)</p>                                                                                                                                                                                                                                         |        |                                                                                                                                                                                                                                                                                                                         |




# September 2017 Programs & Services Calendar

| MONDAY                                                                                                                                                                                                                                                                                                                                                                                                                       | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | FRIDAY                                                                                                                        | SATURDAY                                                                                                                                                                                   |
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| 4<br>Closed in observance of Labor Day<br>                                                                                                                                                                                                                                                                                                  | 5<br><u>Intermediate Microsoft Excel</u><br>9:30-11:30am (\$10)<br><br><u>Creating a Great Resume</u><br>9:30-11am (Free)<br><br><u>Intro to Programs</u><br>12-1pm (Free)<br><br><u>Career Coaching</u><br>12-2pm (Free)<br><br><u>Fresh Start Orientation</u><br>12-1pm (Free)<br><br><u>Surviving Abuse</u><br>5:45-7:15pm (Free)<br><br><u>Espanol</u><br><u>Grupo de Apoyo Violencia Domestica</u><br>2-3pm (Gratis)<br><br><u>Sea Propietaria: Programa de Educacion Financiera</u><br>5:45-7:30pm (Gratis)                                                                                                                                                                                                                                                                                                                                                    | 6<br><u>Mentoring Info Session</u><br>9:30-10:30am (Free)<br><br><u>Intermediate Microsoft PowerPoint</u><br>9:30-11:30am (\$10)<br><br><u>Divorce: Gaining Control</u><br>9:30-11:30am (\$10)<br><br><u>Building Peaceful Families</u><br>9:30-11:30am (Free)<br><br><u>Fresh Start Orientation</u><br>12-1pm (Free)<br><br><u>Next Steps</u><br>1:30-2:15pm (Free)<br><br><u>Espanol</u><br><u>Camino de Sanacion</u><br>9:30-11:30am (Gratis)                                           | 7<br><u>Basic Google Skills and Navigating the Web</u><br>9:30-11:30am (\$10)<br><br><u>Healing Journey</u><br>9:30-11:30am (Free)<br><br><u>Financial Consultant: Jian</u><br>11:30am-1:30pm (Free)<br><br><u>Fresh Start Orientation</u><br>12-1pm (Free)<br><br><u>Support Circle</u><br>2-3pm (Free)<br><br><u>EJG Scholarship Info Session</u><br>2-3:30pm (Free)<br><br><u>Next Steps</u><br>3-3:45pm (Free)<br><br><u>Career Coaching</u><br>5-7pm (Free)<br><br><u>DreamBuilder Info Session</u><br>5:45-6:45pm (Free) | 8<br><u>Intermediate Online Sales</u><br>9:30-11:30am (\$10)<br><br><u>Espanol</u><br><u>Metas</u><br>9:30-11:30am (Gratis)   | 9<br><u>Advanced Microsoft Excel</u><br>9:30-11:30am (\$10)<br><br><u>Professionalism at Work</u><br>9:30-10:30am (\$10)<br><br><u>Espanol</u><br><u>Al-Anon</u><br>11:30-12:45pm (Gratis) |
| 11<br><u>Jump Start</u><br>9:30am-4pm (\$25)<br><br><u>Basic Microsoft PowerPoint</u><br>9:30-11:30am (\$10)<br><br><u>Fresh Start Orientation</u><br>12-1pm (Free)<br><br><u>Sexual Assault Support Group</u><br>2-3pm (Free)<br><br><u>Support Circle</u><br>5:45-6:45pm (Free)<br><br><u>Espanol</u><br><u>Orientación de Fresh Start</u><br>11-11:30am (Gratis)<br><br><u>Proximos Pasos</u><br>11:30am-12:15pm (Gratis) | 12<br><u>Fresh Express Bus</u><br>9:30-10:30am<br><br><u>Fresh Start Orientation</u><br>12-1pm (Free)<br><br><u>Intro to Programs</u><br>12-1pm (Free)<br><br><u>Career Coaching</u><br>12-2pm (Free)<br><br><u>Search &amp; Apply</u><br>2-3:30pm (Free)<br><br><u>Continuing Healthy Boundaries</u><br>(Pre-Req. Required)<br>2-3pm (Free)<br><br><u>Preparing &amp; Presenting Your Case</u><br>2-5pm (\$10)<br><br><u>Basic Google Skills and Navigating the Web</u><br>5:45-7:45pm (\$10)<br><br><u>Surviving Abuse</u><br>5:45-7:15pm (Free)<br><br><u>Goal Setting</u><br>5:45-7:15pm (\$10)<br><br><u>Natural &amp; Organic Hygiene Wellness on a Budget</u><br>5:45-7pm (\$10)<br><br><u>Espanol</u><br><u>Grupo de Apoyo Violencia Domestica</u><br>2-3pm (Gratis)<br><br><u>Sea Propietaria: Programa de Educacion Financiera</u><br>5:45-7:30pm (Gratis) | 13<br><u>How to Use LinkedIn</u><br>9:30-11:30am (Free)<br><br><u>Building Peaceful Families</u><br>9:30-11:30am (Free)<br><br><u>Fresh Start Orientation</u><br>12-1pm (Free)<br><br><u>Next Steps</u><br>1:30-2:15pm (Free)<br><br><u>Basic Computer Skills</u><br>2-4pm (\$10)<br><br><u>Positive Discipline &amp; Guidance</u><br>5:45-7:45pm (Free)<br><br><u>Intro to Programs</u><br>5:45-6:45pm (Free)<br><br><u>Espanol</u><br><u>Camino de Sanacion</u><br>9:30-11:30am (Gratis) | 14<br><u>Healing Touch</u><br>9:30am-3pm (\$10)<br><br><u>Basic Microsoft Excel</u><br>9:30-11:30am (\$10)<br><br><u>HIV &amp; Hepatitis C Testing</u><br>9:30am-2pm (Free)<br><br><u>Healing Journey</u><br>9:30-11:30am (Free)<br><br><u>Fresh Start Orientation</u><br>12-1pm (Free)<br><br><u>Support Circle</u><br>2-3pm (Free)<br><br><u>Next Steps</u><br>3-3:45pm (Free)<br><br><u>Career Coaching</u><br>5-7pm (Free)<br><br><u>Dazzling &amp; Brilliant</u><br>5:45-7pm (\$10)                                       | 15<br><u>Intermediate Online Sales</u><br>9:30-11:30am (\$10)                                                                 | 16<br><u>Intro to Yoga</u><br>9:30-10:45am (\$10)<br><br><u>Girls Thriving</u><br>9:30am-1:30pm (Free)<br><br><u>Espanol</u><br><u>Al-Anon</u><br>11:30-12:45pm (Gratis)                   |



# September 2017 Programs & Services Calendar

| MONDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                         | FRIDAY                                                                                                                                    | SATURDAY                                                                                                                                                                                                    |
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| <p>18</p> <p><u>Social Media in the Job Search</u><br/>9:30-11:30am (\$10)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Sexual Assault Support Group</u><br/>2-3pm (Free)</p> <p><u>Basic Google Skills and Navigating the Web</u><br/>5:45-7:45pm (\$10)</p> <p><u>Support Circle</u><br/>5:45-6:45pm (Free)</p> <p><u>Espanol</u><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)</p> <p><u>Proximos Pasos</u><br/>11:30am-12:15pm (Gratis)</p>                    | <p>19</p> <p><u>Creating a Great Resume</u><br/>9:30-11am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Intro to Programs</u><br/>12-1pm (Free)</p> <p><u>Career Coaching</u><br/>12-2pm (Free)</p> <p><u>Mentoring Info Session</u><br/>2-3pm (Free)</p> <p><u>Continuing Healthy Boundaries</u><br/>(Pre-Req. Required)<br/>2-3pm (Free)</p> <p><u>Emotional Intelligence</u><br/>2-4pm (\$10)</p> <p><u>Basic Computer Skills</u><br/>5:45-7:45pm (\$10)</p> <p><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)</p> <p><u>Espanol</u><br/><u>Grupo de Apoyo Violencia Domestica</u><br/>2-3pm (Gratis)</p> <p><u>Positivo Pensamiento</u><br/>5:45-7:30pm (Gratis)</p>                                                 | <p>20</p> <p><u>Intermediate Online Banking and Internet Security</u><br/>9:30-11:30am (\$10)</p> <p><u>Building Peaceful Families</u><br/>9:30-11:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Next Steps</u><br/>1:30-2:15pm (Free)</p> <p><u>Child Support Info Session</u><br/>5:45-7:45pm (\$10)</p> <p><u>Developing Boundaries Pt. 1</u><br/>5:45-7:45pm (\$10)</p> <p><u>Espanol</u><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p> | <p>21</p> <p><u>Basic Microsoft Outlook</u><br/>9:30-11:30am (\$10)</p> <p><u>Healing Journey</u><br/>9:30-11:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Support Circle</u><br/>2-3pm (Free)</p> <p><u>Mary Kay Makeup Class</u><br/>2-4pm (\$10)</p> <p><u>Next Steps</u><br/>3-3:45pm (Free)</p> <p><u>Career Coaching</u><br/>5-7pm (Free)</p> <p><u>Financial Planning 101</u><br/>5:45-7:15pm (\$10)</p> | <p>22</p> <p><u>Intermediate Social Media</u><br/>9:30-11:30am (\$10)</p>                                                                 | <p>23</p> <p><u>Basic Microsoft Word</u><br/>9:30-11:30am (\$10)</p> <p><u>Autumn Writing Inspiration</u><br/>11:30am-1:30pm (\$10)</p> <p><u>Espanol</u><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p> |
| <p>25</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Sexual Assault Support Group</u><br/>2-3pm (Free)</p> <p><u>Intermediate Online Banking and Internet Security</u><br/>5:45-7:45pm (\$10)</p> <p><u>Support Circle</u><br/>5:45-6:45pm (Free)</p> <p><u>Divorce &amp; Legal Separation Info Session</u><br/>5:45-7:45pm (\$10)</p> <p><u>Espanol</u><br/><u>Orientación de Fresh Start</u><br/>11-11:30am (Gratis)</p> <p><u>Proximos Pasos</u><br/>11:30am-12:15pm (Gratis)</p> | <p>26</p> <p><u>Fresh Express Bus</u><br/>9:30-10:30am</p> <p><u>Adverse Childhood Experiences</u><br/>9:30-11:30am (Free)</p> <p><u>Mentoring Info Session</u><br/>9:30-10:30am (Free)</p> <p><u>Financial Aid 101</u><br/>9:30-10:30am (Free)</p> <p><u>Intro to Programs</u><br/>12-1pm (Free)</p> <p><u>Career Coaching</u><br/>12-2pm (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Basic Google Skills and Navigating the Web</u><br/>2-4pm (\$10)</p> <p><u>Search &amp; Apply</u><br/>2-3:30pm (Free)</p> <p><u>Surviving Abuse</u><br/>5:45-7:15pm (Free)</p> <p><u>Family Court Q&amp;A</u><br/>5:45-7:45pm (\$10)</p> <p><u>Espanol</u><br/><u>Grupo de Apoyo Violencia Domestica</u><br/>2-3pm (Gratis)</p> | <p>27</p> <p><u>Building Peaceful Families</u><br/>9:30-11:30am (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Next Steps</u><br/>1:30-2:15pm (Free)</p> <p><u>Developing Boundaries Pt. 2</u><br/>5:45-7:45pm (\$10)</p> <p><u>EJG Scholarship Info Session</u><br/>5:45-7:15pm (Free)</p> <p><u>Espanol</u><br/><u>Camino de Sanacion</u><br/>9:30-11:30am (Gratis)</p>                                                                                       | <p>28</p> <p><u>Healing Journey</u><br/>9:30-11:30am (Free)</p> <p><u>Financial Consultant: Jian</u><br/>11:30am-1:30pm (Free)</p> <p><u>Fresh Start Orientation</u><br/>12-1pm (Free)</p> <p><u>Support Circle</u><br/>2-3pm (Free)</p> <p><u>Next Steps</u><br/>3-3:45pm (Free)</p>                                                                                                                                                            | <p>29</p> <p>Close for Staff Development</p> <p></p> | <p>30</p> <p><u>GOAL Achievement Strategy</u><br/>11:30am-1:30pm (\$10)</p> <p><u>Espanol</u><br/><u>Al-Anon</u><br/>11:30-12:45pm (Gratis)</p>                                                             |